

### ***I'VE BEEN THINKING...***

...about a medical research headline I read recently: **"Power Causes Brain Damage"**.

Really? Yes! The clinical evidence from neurological researchers at Cambridge, McMaster, Princeton and beyond suggests that ***"Subjects under the influence of power... acted as if they had suffered a traumatic brain injury – becoming more impulsive, less risk-aware, and, critically, less adept at seeing things from other people's point of view"***. **YIKES!**

A British neurologist who went into government, wrote a book about this and described it as **'an acquired disorder that the medical literature doesn't recognize, but should.'** He called it ***'Hubris syndrome: a disorder of the possession of power, particularly power which has been associated with overwhelming success, held for a period of years and with minimal constraint on the leader.'***

Another researcher said power is **'a sort of tumor that ends by killing the victim's sympathies.'** The end result is a hard heart, a blind eye, a cold shoulder to the needs of people and the world around us.

Right away in this I see the value of worship. Attending a church service should give us a gentle, joyful 'reality check'. In worship we acknowledge a 'Higher Power' and that only God is great'. We are reminded that we are all, at times, mistake-prone and sinful; we have much to learn; and we are still and always, in need of guidance and growth in our personalities and lifestyle.

*(Continued on back page)*



## **I Love This God Stuff: Serving and Giving**

**"...and this, not merely as we expected; they gave themselves first to the Lord and, by the will of God, to us,..."**

II Corinthians 8:5 (NRSV)

# happenings

New to our church? We would like to get to know you | We invite you to fill out a Welcome Card which is in the pews. Please leave it in the box marked Connect/Reconnect at the exits at the front and back of the sanctuary.

Communion Sunday Collection for the Crisis Care Fund | Today we invite you to contribute to our Crisis Care Fund - a vital resource used with prayerful discernment by your ministry team. It allows us to provide care and hope for those in our wider community as they cope with some of life's harshest realities. Our prayer is for a day when such a fund will have no use...and we pray, until that day arrives, you will continue to contribute generously.

MiM Conference | The Ministry in Motion Conference is looking for families to provide a bed for a Minister guest to stay during the conference from Sunday November 12th to the morning of Wednesday November 15th (3 night stay). If you are interested in helping out, please contact Diane Thompson at [dthompson@wsquare.ca](mailto:dthompson@wsquare.ca)

Calling All Choristers | FOR THIS ONETIME SINGING OPPORTUNITY! Only 1 rehearsal and performance! Wellington Square United Church will take a step back in time on Sunday November 5th 2017 at 1 pm to present an afternoon of Song and Dance. This is a spectacular show featuring a sensational large tap group, hula dancers and fantastic solo and group performers showcasing war-time songs that will pull your heartstrings. If you are interested in singing in the chorus, please email [Juanita.jmaldonado@wsquare.ca](mailto:Juanita.jmaldonado@wsquare.ca) for more details.

Volunteers needed | Ministry in Motion Conference at Wellington Square Nov. 13-15 is looking for volunteers to help in the following areas: setup Sunday p.m. & Monday a.m. and taking down Wednesday afternoon; greeting and setting out snacks each morning; providing snacks, coffee, cake, cookies, fruit, cheese, biscuits etc. or a donation to purchase snacks. If you would like to volunteer at this conference which provides workshops and learning sessions for ministers please contact Kathryn Macfarlane at [mbkmac@yahoo.ca](mailto:mbkmac@yahoo.ca) or Diane Thompson at [crome49@yahoo.ca](mailto:crome49@yahoo.ca) Thank you for your help.

Custodial Help | Our church is in need of a few people who would be willing to be called **on an "as needed" basis for external events** that are held at Wellington Square during after regular hours on week nights and weekends. This part time work would be paid on an hourly basis, and would be perhaps once or twice per month. If you are interested in hearing more about this, please contact Catherine in the office [cwagg@wsquare.ca](mailto:cwagg@wsquare.ca)

Outfits needed | we are hoping to borrow outfits for our Stagedoor Canteen. Needed are wartime outfits, costumes, hats or other wearable accessories that our choir can use to relive the era where brave men and women put their lives on the line for country and freedom. Please see Juanita or any choir member if you can help. Thank you.

Staff Notes | Rev. Katie Southon will be away this week. Rev. Orville James is available for any pastoral needs.



## Joseph Brant Hospital Mental Health Consumer Advisory Committee

Presented in Partnership

With: *Friday*night  
COMMUNITY

**Friday October 13, 2017**  
**Friday Night Speakers Series**

### *A Vision for our Mental Health and Addictions System*

Presented by:

*Dr. Steven Selchen*

*Chief of Psychiatry*

*Joseph Brant Hospital*

**FRIDAY October 13, 2017**  
**PRITCHARD ROOM, WELLINGTON SQ. UNITED CHURCH**  
**2121 CAROLINE STREET, BURLINGTON**

**Speaker at 7:15PM to 8:30PM**

**Dinner @ 6pm All Welcome**

Sponsored by:

*Friday*night  
COMMUNITY

**BURLINGTON  
COMMUNITY  
FOUNDATION**

**JOSEPH BRANT  
HOSPITAL**  
Mental Health Consumer  
Advisory Committee

Wellington Orphanage, Sierra Leone,  
Africa, Update:

We are pleased to announce that we are able to provide the funds to put a new roof on the Wellington Orphanage in Sierra Leone. This project will be handled by our new Charity called Charities Aid Foundation of Canada.

In the near future, this organization will also handle our present sponsorship program which began in 2005. We are so grateful to the many people in our congregation who have faithfully sponsored a child. Some have also chosen to **privately contribute to their child's college/ university education.....You have made a tremendous difference in their lives.**

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Our sponsor cards have been assigned..... thank you for your generosity. Thanks also to those who have chosen to make a one time donation towards the sponsorship program, helping to provide food and medicine for the children. Someone will be at the sponsorship table this week to:

- help answer any questions
- take names for a wait list as more children become available for sponsorship
- provide information sheets about Wellington Orphanage
- Cards are available for pick-up for people who committed to select last Sunday

Together we are making a difference in the lives of these children.



"Better Together"

*For where two or three come together in my name, there am I with them"*

Matthew 18:20

Vision | to have every person in a healthy small group.

Mission | To live out the GREAT COMMANDMENT (Matt. 22: 37-39) and the GREAT COMMISSION (Matt. 28: 19-20).

JOYFUL SPIRITS: Next gathering will be Thurs. October 26 at 7pm in the Pritchard Room. Please bring your bible & a smile. Our **study is "THE RED LETTERS" (the words of JESUS for today's world) Through a series of six video conversations, Tony Campolo and Colin McCartney discuss the radical but clear teachings of Jesus.**

GLOBAL LEADERSHIP SUMMIT - Thursday October 19 & Friday, October 20th. CONGRATULATIONS Wellington! Our goal (in order to get the early bird special) was to get **10 of God's people at Wellington to attend** this dynamic 2 day session. We have a wonderful group of 20 going! Way to go Wellington & PRAISE GOD for HIS GOODNESS!!

Kettles on Tea | please join us on Monday October 3rd from 1:30-3pm in the Pritchard Room for our afternoon tea. All are welcome.

DISCIPLESHIP CAFÉ - **You won't want miss** this. We are blessed to have PETE KUEHNI from DELIBERATE U as our guest presenter.

TOPIC: **"KINGDOM THINKIN" not "STINKIN THINKIN"!** Shifting your mindset

DATE: Saturday, November 18, 2017

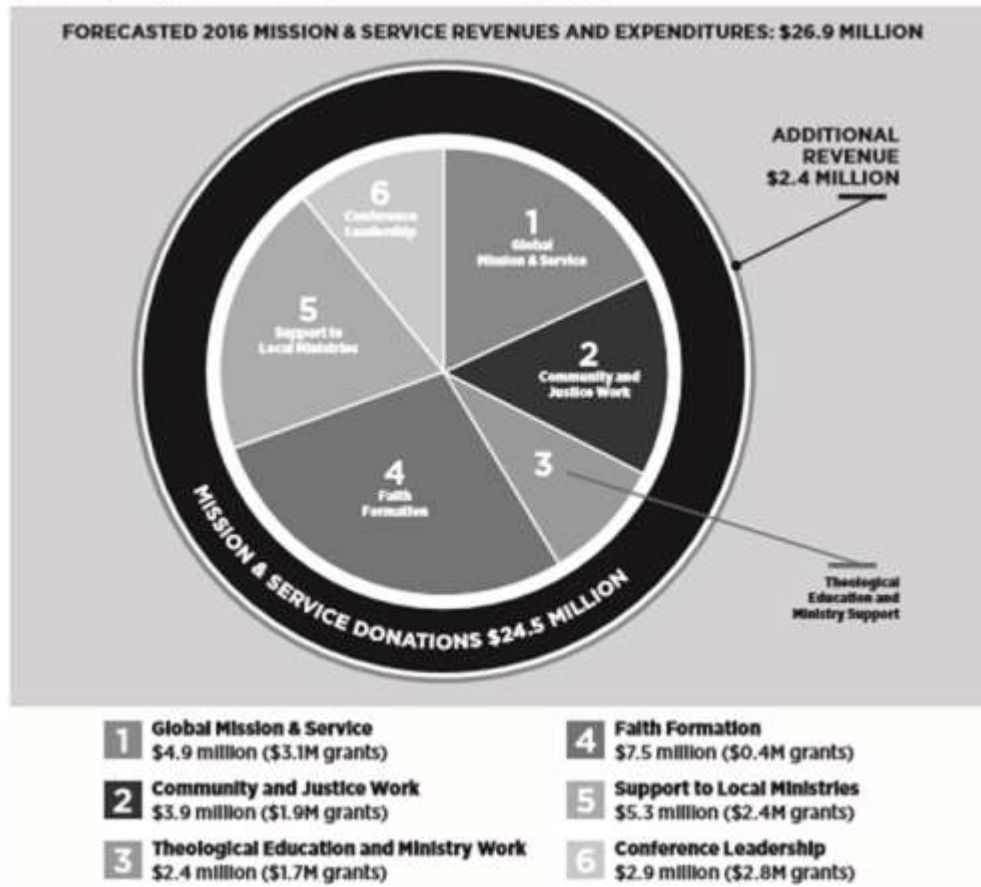
TIME: 10am - noon (coffee & muffins at 9:45am). Sign up at the Connection Point table to reserve your spot.

Thursday at Seven *New Series*, Book and DVD Study - Forgotten God by Francis Chan **"Reversing Our Tragic Neglect of the Holy Spirit". Please contact Bruce.**

[bmagwood@TORRLANE.ca](mailto:bmagwood@TORRLANE.ca)

THANK YOU to everyone who helped make our SMALL GROUP FAIR such a successful event! If you did not pick up a BROCHURE or the SPIRITUAL ASSESSMENT TOOL, they are available at the Connection Point Table.

# Mission & Service at a Glance



In 2016, Wellington Square donated \$35,579 to the work of Mission & Service, through the United Church of Canada. Our gifts, along with those from many other congregations, support a multitude of programs and ministries throughout the world including:

- The work of reconciliation
- Food and a place of welcome
- Hope for refugees
- Racial justice
- Full inclusion of all children through education
- Training for farmers seeking to use practices that respect the earth

For more information, please see [www.united-church.ca](http://www.united-church.ca)



Mark your calendars **for what's around the corner:**

Edge YOUTH GROUP ROCKS!

YMCA Youth Job Search/Connection Night for Rockpile & Edge Youth, Wed. Oct. 4 from 7-8:30pm. Guest presenter: Vivian Pitt

Rockpile Movie Night - Tuesday, Oct. 17 - approx. 7-9pm

ALL YOUTH (Rockpile & Edge) Volleyball Night - Wed. Oct. 25 7-9pm

Youth Alpha & Youth Confirmation!! If you are in gr. 7 & up and interested in Youth Confirmation and/or Youth Alpha, we are excited to have you come on board to explore life, faith and meaning together. Starting Sunday, Nov. 5th and continuing every Sunday until Dec. 3rd from 10:30am - 1pm (Youth Room) we will meet together for a video teaching, good conversation and food (Lunch). A Youth retreat for Youth Alpha will be from Fri. Nov. 24th at 2:30pm to Sat. Nov. 25th at 9pm and then a couple more sessions in the New Year (Jan. 2018) will be added to complete Youth Confirmation before our ONE 10am Youth Confirmation Service on Sun. Feb 4, 2018. Got questions? Contact Heather Mackey and/or Shelley and Greg Buxton-Forman.



GraceLand - a place full of God's grace...where children learn the love of Jesus and how to shine His light everyday. Sundays at 9am for Nur to Gr. 6

Oct Theme: **Jesus' Teachings**

Participant forms are required every year for children and youth to ensure safety for all. If you have yet to fill out a 2017 form, please take one from the GraceLand reception or from our web [wsquare.ca](http://wsquare.ca), fill out and return to us. We will be sending a notice out by November 2017 for 2018 Child/Youth Participant forms.

GraceNotes Singers & Dancers starts up TODAY, Oct. 1st from 10:30-11am - Gr. 1/2 class -must be SK & older. We are starting to prepare for our Christmas services.



Puppet Ministry Rocks here at the Square! In gr. 5 & older & interested? Contact Nancy James.

GraceLand Youth Band next practice is Sunday Oct. 15 from 10:30-**11:30am St. Paul's** Hall stage.



## Footsteps Library



On Love's Gentle Shore (Prince Edward Island Dreams book #3)  
by Liz Johnson

Natalie O'Ryan had an abusive childhood due to her alcoholic father. She left the Canadian Province of Prince Edward Island and her childhood best friend Justin behind to start a new life in Nashville. Justin feels rejected. She falls in love with record producer Russell Jacobs and they get engaged. Thinking he is doing a good thing, Russel books their wedding in her home town. While working on the wedding plans, he must leave town due to a problem at work, then the reception venue falls through. If they can find a way to forgive each other, Justin just might let her use the barn on his property. Footsteps Library also has the second book title in this series, Where Two Hearts Meet.

## Friday Community

Food for Life is the largest food recovery program in the Halton Region, and Friday Night Community is just one out of 80 different agencies and programs that benefit from this food. Did you know that 1 in 10 people in Halton are battling hunger? The food donations we pick up every week are pivotal in allowing us to prepare a full and varied menu for over 250 friends to enjoy. Highlights from this **week's** donations that contributed to our meal included lettuce, tomatoes, cheese, hamburger buns, avocados and cilantro (that made a delicious Guacamole), berries, cut melon and baking ingredients.

We are looking for folks who would like to be a part of volunteering at the afternoon Hub (any time between 1 and 5 pm) on some Fridays. This would involve sharing in conversations, playing games and visiting with the folks who attend.

Needed Items:

- \***snacks for children's lunch bags**
- \*yogurt and sour cream sized containers
- \*kitchen storage cabinet/pantry
- \*Cuisinart that will grate cheese
- \***school supplies (backpacks, thermoses...)**
- \*newer curtains and rods for living room and bedroom
- \*girl's shoes sizes 1-3 (gently used)
- \***boy's shoes sizes 13-3** (gently used)
- \*youth hightop running shoes size 7.5
- \*salad bar toppings (beets, olives, mandarin oranges, Craisins, etc.) and dressings

For information contact: [fnc@wsquare.ca](mailto:fnc@wsquare.ca)

# wellington square united church

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2121 Caroline St, Burlington ON L7R 1L7

Office Hours: Mon to Wed 9am-4pm,  
Thurs 10am-3pm, Fri 10am-2pm

## Ministerial Team

Rev. Dr. Orville James (ext. 19)

*ojames@wsquare.ca*

Rev. Katie Southon (ext. 14)

*ksouthon@wsquare.ca*

Rev. Tom Chire (*Voluntary*)

## Children/Family Ministry (GraceLand)

Heather Mackey (ext. 21)

*hmackey@wsquare.ca*

## Youth Ministry

Heather Mackey (ext. 21)

*hmackey@wsquare.ca*

## Adult Faith Ministry

Joy Magwood (ext. 23)

*jmagwood@wsquare.ca*

## Music Ministry at 9am

Tim Watson (ext. 10)

*twatson@wsquare.ca*

## Music Ministry at 11am

Juanita Maldonado (ext. 20)

*jmaldonado@wsquare.ca*

## Friday Night Community Coordinator

Lisa Lunski (ext. 0) *llunski@wsquare.ca*

## Outreach Missions Coordinator

Karen Guyatt (ext. 0) *kguyatt@wsquare.ca*

## Finance

Karen Dobson (ext. 16) in Wednesdays

*treasurer@wsquare.ca*

## Administration

Catherine Wagg (ext. 15)

*cwagg@wsquare.ca*

Jennifer Erbiceanu (ext.10)

*office@wsquare.ca*

## Custodian Team

Randy Taylor (ext. 12) / Raul Gutierrez



Worship, at its best, should help us to be **humble. That's healthy. All of which is a bit of** a preamble to next Sundays sermon theme, the benefits of Worship.

Over my 3 month summer sabbatical I **pondered the question 'Why do people go to church? Why should they? What's the value of** getting involved in faith and spiritual practices? It was a great refresher\reminder for me. And it caused me to say to myself: **"I Love this God Stuff"**.

So as we start the fall, on three Sundays, **I'm suggesting WHY we can love this God** stuff. Some of you already heard me make the **case that 'We learn & grow together' (Sept 17<sup>th</sup>); Today I'm suggesting 'We serve & give',** and next Sunday, on Thanksgiving we can focus on the benefits of thanks & praise in worship.

So well done you, for being here – on any given Sunday, good worship should help you avoid getting too big a head, or too hard a heart.

**The Lord be with you... ORV**