

**UPDATED
SEPT 2021**

COVID Food Support

*All programming subject to change due to COVID restrictions.



Burlington Food Bank Pre-packed boxes of non-perishable foods, hygiene, produce, milk, eggs, bread and frozen meat. Contactless delivery to lobby or door by appointment only. Make an appointment for Curbside Pickups. To request food, email info@burlingtonfoodbank.ca or call 905-637-2273.



Open Doors Tuesdays 3:30 - 5:30pm 662 Guelph Line. Freshly prepared meals for curbside pick up. Clothing Store and Community Market (food bank) open to the public, limited entry for safety. No registration needed. Inquiries, email opendoorsprograms@stcb.ca



Food for Life Pre-bagged Food Programs

St. Luke's Anglican 1382 Ontario St. Tues – 10:15-11:45 am

Faith Christian Reformed Church 2258 Mountainside Dr. Tues 4:30–7:00pm

Pre-register for your curbside pickup time slot at foodforlife.ca/curbside/

Brant Hills Presbyterian 2138 Brant St. Wed 1:30-2pm

Grace United Church 2111 Walkers Line Fri – 9:30-10:30am

Pre-register for your curbside pickup time slot by calling 905-335-0090

Good Food Line 905-635-1106 x225 or email goodfood@foodforlife.ca

Community Fridge - Aldershot Library 550 Plains Rd E



Compass Point Food Market

Non perishable food, produce, bread. Meat and hygiene items (when available). We are now offering in person shopping with COVID-19 restrictions in place. 1500 Kerns Road | 2nd and 4th Sat of the month | 9:00-10:30am.

905-336-0500 email: foodmarket@compasspointbc.com



Compassion Society Non perishable food package, produce, meat, bread, and hygiene items, as available Mon, Wed, Fri 12:00pm-2pm 484 Plains Rd E Unit 14 For more info email: contact@compassionsociety.net or call 905-592-3722.



Salvation Army Community & Family Services Food Bank

5040 Mainway Unit 9; By Appointment Only, Pre-packed non-perishables, along with proteins, produce, hygiene items etc are available by calling 289-230-2556 to book a time for your visit Mon 1-4pm, Wed & Thurs 9am-12pm. Calls are not returned over the weekend.



Friday Night Community Take Home Meal Bags

Already prepared meals as well as any available produce, dairy, hygiene and baby needs. Pick up Fridays 12:00pm – 4:00pm at Wellington Square United Church 2121 Caroline St. *Delivery for emergency food needs only. For more information email llunski@wsquare.ca, call 905 634-1849 or go to www.wsquare.ca